

Burgers

SERVED ON A HOUSEMADE
SOUR DOUGH BULKIE ROLL WITH CHIPS
OR SWEET POTATO FRIES

LEMON-THYME CHICKEN BURGER | \$7.95

House Made Chicken Burger with Garlic, Lemon
& Fresh Thyme.

Add cheese: \$0.95

BEACHCOMBER BURGER | \$8.50

Onions & Mushrooms Sauteed in Red Wine, all Rolled Into a
Burger. Grilled & Topped with Bacon & Blue Cheese.

BLACK BEAN "BURGER" | \$7.50

Ground Black Beans with Scallions, Cilantro, Lime & Roasted
Pepper Mixed In.

BEEF BURGER | \$6.95

Lean Ground Beef Burger Grilled to Your Liking.

Add cheese: \$0.95

BARBECUE BURGER | \$7.95

Hand-made Beef Burger Tossed with Barbecue
Sauce, Grilled & Topped with our own Dirty Onions
& Melted Swiss.

House Specialties

QUESADILLAS | \$7.95

Flour Tortillas Stuffed with Hummus, Black Beans, Roasted
Corn, Jack Cheese, Tomatoes & Cilantro. Served with Sour
Cream & Housemade Salsa. Your choice of Vegetarian,
Chicken, Steak or BBQ Pork.

SAUTEED LIVER | \$6.95

Floured & Sautéed on a Bed of Caramelized Onion, Potato &
Bacon with Apples.

HOUSEMADE VEGETABLE

SPRING ROLLS | \$7.95

Our Own Crispy Spring Rolls With Marinated Asian
Vegetables Served Over Mesclun Greens With A Soy Lime
Dipping Sauce.

Add Asian Spiced Shrimp: \$2.95

MAINE CRAB CAKE SANDWICH | \$9.50

Housemade Maine Crab Cakes Fried Golden Brown,
Served on a Sourdough Bulkie Roll with Lettuce, Tomato
& Remoulade Sauce.

FRITTATA OF THE DAY | \$6.95

Open-Faced Omelet with a Small Mesclun Salad
& Choice of Dressing. Ask Your Server About
Today's Frittata.

Egg whites available: add \$1.50

SOUP AND 1/2 | \$7.95

A Cup of Our Soup Served with Any Half Sandwich, with
Your Choice of Sweet Potato Fries or Chips.

INDIVIDUAL PIZZAS | \$7.95

Grilled Six Inch Pizza with Your Choice of Toppings:

- Artichoke Hearts
- Sausage
- Mushrooms
- Spinach
- Peppers
- Pepperoni
- Tomatoes

CRISPY FISH & CHIPS | \$9.50

House Breaded Cod Served Golden Brown & Delicious with
Sweet Potato Fries, Honey Poppy Seed Coleslaw & our own
Remoulade.

SERVED FROM :
11:00AM TO 3:00PM MON-WED
11:00AM TO 8:30PM THUR, FRI, SAT
7:00AM TO 1:00 SUN (BREAKFAST ONLY)

On a Roll cafe &

CATERING COMPANY

236-5671 • Fax: 236-5933

75 North Street, Pittsfield, MA

Soups

SOUP OF THE DAY
Small \$3.50 or Large \$4.50

CIDER BUTTERNUT BISQUE

Small \$3.50 or Large \$4.50
(available seasonally)

Salads

SPINACH COBB | \$8.50

Warm Grilled Chicken Over Spinach & Baby Mesclun Greens
with Scallions, Diced Tomatoes, Cucumber, Hard Boiled Egg,
Crispy Bacon & Jack Cheese.

PECAN CRUSTED CHICKEN

CAESAR SALAD | \$8.95

Crispy Romaine Lettuce with Pecan Encrusted Chicken,
Crunchy Croutons, Parmesan Cheese, Diced Tomatoes &
House-made Caesar Dressing.

OUR "HOUSE" SALAD | \$7.95

Tabbouleh, Chick Peas, Diced Tomatoes, Cucumbers,
Scallions & Sprouts on a Bed of Mesclun.

**Add a Scoop of Chicken, Tuna Salad
or Warm Grilled Chicken: \$2.95**

HOUSE CAESAR SALAD | \$5.95

Crispy Romaine Lettuce, Crunchy Garlic Croutons,
Diced Tomatoes, Parmesan Cheese & House-made
Caesar Dressing.

Grilled Chicken Caesar \$7.95

Spiced Shrimp Caesar \$9.95

Grilled Salmon Caesar \$11.50

STEAK SALAD | \$9.50

Warm Grilled Steak Over Mesclun Greens with Caramelized
Onions, Over Night Tomatoes & Crumbled Goat Cheese.

GREEK SALAD | \$7.95

Crispy Romaine topped with Shaved Red Onions,
Kalamata Olives, Pepperoncini, Diced Tomatoes,
Cucumbers & Feta Cheese.

MIXED GREEN SALAD | \$7.50

Baby Greens with Dried Cranberries, Diced Granny Smith
Apples, Blue Cheese Crumbles & Spiced Walnuts.

HOUSEMADE DRESSINGS

• Honey Balsamic Vinaigrette • Citrus Vinaigrette
• Italian • Creamy Dill • House Caesar

Sandwiches

SERVED WITH CHOICE OF CHIPS OR SWEET POTATO FRIES & A CRISPY DILL PICKLE

- V **BLACK BEAN & SWEET POTATO "BURRITO" | \$6.95**
 Black Bean & Sweet Potato Burrito with Cilantro, Lime, Jack Cheese, Scallions & Diced Tomatoes. Served with Sour Cream & House-made Salsa.
 - TUNA OR CHICKEN SALAD | \$7.95**
 "Not So Traditional" Salads with Lettuce & Tomato. Served on Your Choice of Bread.
 - CAFE ROASTED TURKEY | \$7.95**
 House Roasted Turkey served on Toasted 7-Grain with Granny Smith Apple, Cheddar Cheese, Lettuce, Tomato & Honey Dijon Aioli.
 - V **FALAFEL | \$7.50**
 Housemade Falafel (Ground Chick Peas with Garlic, Parsley, Tahini, Scallions, Celery and Spices, Fried Golden Brown & Crispy). Served in a Lavosh Wrap with Lettuce, Tomatoes, Cucumbers, Sprouts & Creamy Dill Dressing.
 - GRILLED CHICKEN CAESAR WRAP | \$7.95**
 Seasoned Grilled Chicken Tossed with Crispy Romaine Lettuce, Parmesan Cheese, Diced Tomatoes & Our House Caesar Dressing All Rolled Up in a Warm Lavosh Wrap.
 - V **SWORDFISH OR SALMON BLT | \$9.50**
 Fresh Grilled Swordfish or Salmon on Toasted 7-Grain with Crispy Bacon, Lettuce, Tomato, & Lemon Caper Aioli.
 - V **GRILLED VEGETABLE SANDWICH | \$6.95**
 Seasoned Grilled Zucchini, Summer Squash, Portobellos, Grilled Red Onions & Spinach on Toasted 7-Grain with Herbed Goat Cheese.
 - TUSCAN STYLE GRILLED CHICKEN SANDWICH | \$7.95**
 House Marinated Grilled Chicken Sandwich on Toasted Sour Dough with Pesto Aioli, Fresh Mozzarella, Artichokes & Baby Spinach.
 - SPICY BUFFALO CHICKEN CAESAR WRAP | \$8.50**
 Grilled Chicken Tossed in our own Hot Sauce with Shaved Red Onion, Crumbled Blue Cheese, Diced Tomatoes & Crispy Romaine Lettuce Dressed in our own Caesar.
 - WARM ROAST BEEF SANDWICH | \$7.95**
 Warm Thin Sliced Roast Beef on Sour Toasted Sour Dough with our Own Dirty Onions, Melted Cheddar Cheese, Lettuce & Tomato.
 - MARINATED CHICKEN B.L.T. | \$7.50**
 House Marinated Chicken on Sour Dough with Crispy Bacon, Lettuce & Tomato, served with a Lemon Caper Aioli.
 - SPICED SHRIMP WRAP | \$9.50**
 Indian Spiced Shrimp with Red Peppers, Pickled Red Onions, Mesclun, Tomato & a Cilantro-Lime Aioli.
 - MEDITERRANEAN GRILLED CHICKEN SANDWICH | \$8.50**
 Warm Grilled Chicken on Toasted 7-Grain with Kalamata Olive Tapenade, Roasted Red Peppers, Provolone Cheese, Lettuce & Tomato.
- Side Salad Substitution \$1.00
 Side Polenta Substitution \$2.00

Side Orders

Sweet Potato Fries	\$3.50	Small Mesclun Salad	\$3.95
Warm Grilled Chicken	\$3.95	Tuna or Chicken Salad	\$3.95
Coleslaw	\$2.00	Polenta Fries	\$3.95
Pecan Encrusted Chicken	\$4.50		

Beverages

Assorted Sodas	\$1.95	Stash Teas	\$1.95
Brewed Ice Tea	\$1.95	Tazo Teas	\$1.95
Coffee or Decaf	\$1.75	Izze Beverages	\$2.75
Large To-Go	\$1.95	T42 Beverages	\$2.75

For those who enjoy a

healthier lifestyle,

here's how we can help...

- No Preservatives in our food*
- Food made to order*
- House-roasted Turkey and Roast Beef*
- Hand-pressed Burgers*
- Daily Housemade Soups from Fresh Stock*
- Housemade Breads & Pastries Baked Daily*
- All Natural Beverages*
- Daily Gourmet Specials*

V indicates meals suitable for vegetarians
 Eating raw or undercooked food increases your risk of food borne illness

*We would be happy to make substitutions for you!
 Please ask your server about any additional cost.*

design by: **pixel** graphic design studio

TO BE ADDED TO OUR REGULAR FAX LIST,
 PLEASE CALL: 236-5671